

**ABSTRACT OF THE INVENTION**

The present invention relates to improvements in structure of disposable garments. The disposable garments of the invention may include an outer layer and an elastic inner layer. The elastic inner layer has an elastic inner layer perimeter and defines an opening, which may be in the form of a slit or aperture, located in an internal position to the elastic inner layer perimeter. The elastic inner layer perimeter may be bonded to the outer layer. The garments define a front waist region, a back waist region and a crotch region located in between the front waist region and the back waist region. The elastic inner layer may have width at a narrowest portion of the crotch region of equal to or less than four inches.